



Heritage Middle School Orchestra Practice Guide



Name: _____ Date Due: _____

Step 1: GOAL SETTING	What is your goal for this practice session? Think about passages that are challenging for you or need some extra attention. Describe what you want to accomplish in your practice. Include measure numbers. BE SPECIFIC.
Step 2: PRACTICE STRATEGIES	What practice strategies will you use to help you achieve your goal? (SEE BACK)
Step 3: PRACTICE	Practice using the strategies you selected. Remember, slow practice
Step 4: REFLECT	Reflect on your improvement. What went well? What still needs work? BE SPECIFIC

Practice Session #1
Goal:
Practice Strategies:
Reflect:

Practice Session #2
Goal:
Practice Strategies:
Reflect:

Practice Session #3
Goal:
Practice Strategies:
Reflect: